



The Association helps women buy latrines. Without adequate hand-washing facilities, however, the latrine's benefits are limited. Enter the Tippy Tap, a hand-washing station that can be assembled quickly with readily-accessible material. Users of the Tippy Tap touch nothing with their hands, except the soap. The Tippy Tap is designed to be placed next to the latrine. The Association introduced it in 2017.

To use the Tippy Tap, Juana, pictured here, steps on a foot pedal to tip the water container (white object, partially shown on right) to wet her hands. Then she lathers up, as shown in the photo. Finally, she presses the pedal again to rinse her hands. The only thing Juana touches is the soap.

Association of Mam Christian Women for Development, San Juan Ostuncalco, Guatemala

PLAN OF WORK FOR 2018

THE MAM CHALLENGE

- Most Mam families live in the rural areas of five municipalities of the Department of Quetzaltenango, similar to a U.S. state. They depend on seasonable agricultural work, and thus have no stable employment.
- In recent years there has been an increase in poverty due to climate change, rain, ice, and hail that cause unstable, and mostly lower, prices for the potatoes, corn, beans, and vegetables they grow.

SOLUTION: ASSOCIATION OF MAM CHRISTIAN WOMEN FOR DEVELOPMENT

- The Association of Mam Christian Women for Development partners with groups of women in rural communities to support their development. The women develop economically through participation in socio-productive projects, such as a microloan program. They enhance their skills and knowledge through the Association's educational programs. They improve their health through access to community health workers trained and supplied by the Association.
- The plan for 2018 will continue partnering with families and communities to address poverty, under-nutrition, ill health, and lack of education. This work will help improve the lives of the women and their families and allow their children to move forward with their schooling.
- To support sustainable development, the Association will maintain its work in partnership with U.S. churches and individuals.

MISSION

We are an association of Christian women dedicated to train and assist the neediest families so they can attain self-development.

VISION

To be an association conscious of the poverty that affects women and children in their communities. To provide services as volunteers in order to strengthen the development of the families and, thus, to be agents of change.

ACTIVITIES TO ACHIEVE 2018 OBJECTIVES

Management, Support-a-Vision, and Expansion

- Carry out 24 visits during the year to monitor the groups of women with microloans and verify if they are practicing what they learned in their trainings (for example, how to raise healthy cattle).
- Establish microloan programs for: (1) Sagrado Corazon Group; and (2) a group of 26 women in San Martin for a weaving project.
- Construct retaining wall for Las Barrancas sewing school.
- Hold 2 assemblies per year.

Education

- Enroll 25 students in the sewing school in Las Barrancas.
- Enroll 60 students in the sewing school in San Juan Ostuncalco (SJO).
- Attain an enrollment of 60 students in primary and middle school (Saturday School).
- Support 10 young people pursuing higher education and training young women ages 15-25. (See below.)
- Continue partnership with CEDEPCA¹ for training 3 groups of women (Seguidoras de Jesus Group, Semilla/Yen Group, and Seguidoras de Cristo Group) on “Resilience in Crisis,” including disaster prevention, emotional first aid, and women’s rights under Guatemala law.
- Carry out filter monitoring twice during the year.
- Provide a white board for training programs in Las Barrancas.
- Continue training young women ages 15-25 by CEDEPCA on self-esteem and Guatemalan laws that protect women.

Agriculture

- Construct cattle shelters for the Triunfadoras Group, the Semilla/Yen Group, Los Vailes Group, and group as yet undesignated.
- Carry out training of groups by Heifer International consultant in the area of chickens, turkeys, and other poultry production.
- Continue training by Heifer International consultant of (1) groups who started family vegetable gardens in 2017, and (2) start training of new groups.
- Support a chicken project for the Claveles #2 Group and Los Gonzalez Group.
- Support planting of 5,000 trees by Semilla/Yen Group and Los Gonzalez Group.
- Continue pilot program of cultivating potatoes with organic fertilizer only, thereby using no chemicals.
- Construct chicken shelters for La Cruz Group.

¹ CEDEPCA is a non-profit organization that works to transform lives by offering education to women and men of diverse Christian traditions and communities.

Health and Environment²

- Sponsor a nutritionist and cooking classes and prepare a book of simple recipes to improve the nutritional intake of families to take advantage of the family vegetable gardens and other resources.
- Sponsor a health screening day (tentative).
- Install 15 in-home water filters.
- Install 30 improved latrines for groups that do not have them yet.
- Install 50 safe, fuel-efficient stoves for Las Granadillas Group, Las Barrancas Group, and Los Gonzalez Group.

Approved by BOARD OF DIRECTORS, ASSOCIATION OF MAM CHRISTIAN WOMEN FOR DEVELOPMENT

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December 2017

See following page for 2018 budget.

² Under “Health and Environment,” the water filters, latrines, and stoves mentioned are not gifts. Women and their families share the cost with the Association. Thus, the women and their families are provided a *hand up*, not a *hand out*.

ASSOCIATION OF MAM CHRISTIAN WOMEN FOR DEVELOPMENT			
BUDGET FOR 2018 (One Quetzal = \$0.14 as of January 29, 2018)			
EXPENSES	Quetzales	Dollars	
1 Construction - 50 Stoves	70,000	\$ 9,800.00	
2 Purchase of White Board	1,000	\$ 140.00	
3 Construction - Wall*	17,000	\$ 2,380.00	
4 Chicken Project - Claveles 2 Group & Gonzalez Group	16,000	\$ 2,240.00	
5 Construction - 8 Chicken Shelters - La Cruz Group	12,000	\$ 1,680.00	
6 Construction of 50 Cattle Shelters in 4 Communities	30,000	\$ 4,200.00	
7 Planting - 5,000 trees	10,000	\$ 1,400.00	
8 Microloans - 2 New Groups	50,000	\$ 7,000.00	
9 Payment - CEDEPCA Workshops for 4 groups	9,000	\$ 1,260.00	
10 Payment - Heifer Int'l Consultant	14,000	\$ 1,960.00	
11 Construction - 30 latrines	84,000	\$ 11,760.00	
12 Expenses -Monitoring Water Filters	2,000	\$ 280.00	
13 Scholarships - 10 Students	20,000	\$ 2,800.00	
14 Payment - Nutritionist	4,000	\$ 560.00	
15 Salaries - 5 Saturday School Teachers	20,000	\$ 2,800.00	
16 Stipend - Secretary of Saturday School	4,800	\$ 672.00	
17 Stipend - San Juan Ostuncalco Sewing School Teacher	15,000	\$ 2,100.00	
18 Stipend - Las Barrancas Sewing School	22,500	\$ 3,150.00	
19 Rent - San Juan Ostuncalco Sewing School	6,000	\$ 840.00	
20 Rent - Saturday School	12,000	\$ 1,680.00	
21 Transport - Board Members	18,000	\$ 2,520.00	
22 Fuel	8,000	\$ 1,120.00	
23 Purchase - 4 tires	6,000	\$ 840.00	
24 Expenses - 2 Assemblies	1,500	\$ 210.00	
25 Funds for 15 Filters	11,250	\$ 1,575.00	
26 Repair & Lubrication - Sewing Machines	3,500	\$ 490.00	
27 Payment - audit for 2016 and 2017	7,000	\$ 980.00	
28 Office Supplies	6,500	\$ 910.00	
29 Parking of Car	4,800	\$ 672.00	
30 Payment - accountant	7,500	\$ 1,050.00	
31 Payment - lawyer	8,000	\$ 1,120.00	
32 Purchase - 50 quintales of organic fertilizer	22,500	\$ 3,150.00	
33 Maintenance of Vehicle	4,000	\$ 560.00	
TOTAL OF EXPENSES	527,850	\$ 73,899.00	
INCOME**	74,000	\$10,360	
<u>GRAND TOTAL</u>	453,850	\$63,539	
*Retaining wall for Las Barrancas Sewing School			
** Income comes from offerings from microloan groups, school fees, and recipients' share of water, latrine, and stove purchases			

